

Here are the Suggested Guidelines for groups to choose an IR (Intergroup Rep):

- chosen by the group conscience (by election or a vote confirming a volunteer), and
- at least six (6) months membership in CPA, and
- has served as chairperson of a CPA meeting at least five (5) times, and
- understanding of the 12 Traditions, and
- time and energy to serve.

Intergroup prefers that the same person not serve as both IR and GR (Group Representative) for the same CPA phone meeting, however due to "limited resources", this is acceptable if necessary.